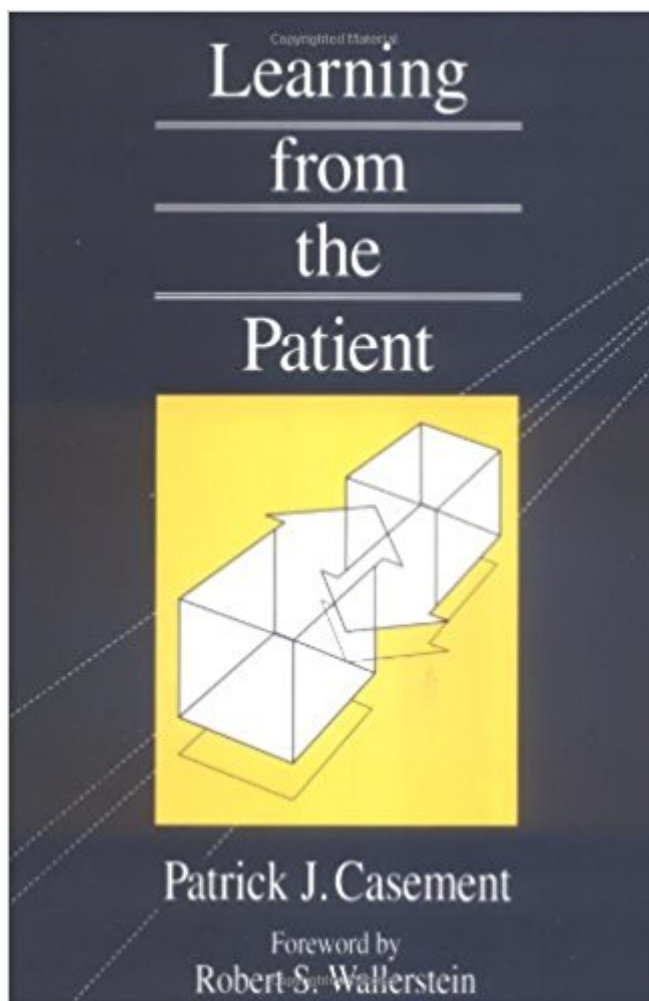


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Learning From The Patient



Synopsis

In one volume, this book presents Patrick Casement's two classic works, *On Learning from the Patient* and *Further Learning from the Patient*. The patient's unconscious contribution to analytic work is fully explored. Casement writes with unusual openness about what really happens in the consulting room, including mistakes--his own as well as others'. Everything in psychoanalytic theory and technique is up for questioning and for careful testing in the clinical setting. Casement provides fresh insights on familiar concepts as well as developing a number that are new; every concept is explained and illustrated with clinical examples.

Book Information

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Customer Reviews

"Casement's book is masterly in his entirely convincing account of the complexity of unconscious communications that occur between patient and therapist....If I was asked to recommend one book on technique for the beginning therapist, I would recommend *Learning from the Patient*....It is the best book available." --Arnold H. Modell in *Psychoanalytic Psychology*"This is a remarkable and unusual addition to psychoanalytic literature, and a book from which any analyst, however experienced, is sure to learn something new and valuable. The future of psychoanalysis lies along the path that Casement is pointing out in this sensitive, excellent book." --Anthony Storr, F.R.C.P., F.R.C.Psych., F.R.S.L."This is a landmark book, one of the outstanding contributions to the psychoanalytic literature in recent years. With his remarkable sensitivity to the subtle manifestations of the interactions taking place in the analytic hour and his awareness of the impact of patient and

analyst on each other, Patrick Casement has demonstrated how a gifted analyst can make use of the her-and-now transactions to explore the rich tapestry of thoughts, fantasies, and memories that lie behind them. This book can serve as a teaching text for all therapists who are interested in learning from a master clinician...."--Theodore J. Jacobs, M.D."Casement believes that the power of the therapist lies in learning how to help a patient experience himself through the therapeutic prism and he describes this by his own clinical work with a direct openness, a disciplined compassion, and a refreshing modesty that is intrinsically elegant....A valuable psychoanalytic offering." --Rosalyn Benitez-Bloch, D.S.W."Few analysts convey better than Casement the actual feeling of work in the consulting room. His non-dogmatic but rigorous attention to the total communication of the patient represents what is best and most convincing about modern psychoanalysis. His book will be of particular value to trainees in the psychodynamic professions, but will also be refreshing to more experienced practitioners." --David Black, Lecturer, Westminster Pastoral Foundation, London, British Journal of Psychiatry "...if I was asked to recommend one book on technique for the beginning therapist, I would recommend Learning from the Patient." (Psychoanalytic Psychology 1992-09-27)"The book contains a wealth of insights and ingenious ways of handling complex problems in a therapeutic relationship. It is thoroughly recommended for anyone working in psychotherapy." (International Journal of Social Psychiatry 1992-09-27)"Intended for the therapist in training but...will be welcomed by the most experienced practitioner as well....The emphasis on what actually goes on in treatment and the author's openness to scrutiny are the strengths of this entertaining and informative work." (Psychoanalytic Books 1992-09-27)

Patrick Casement is a training analyst of the British Psycho-Analytical Society. Having graduated in theology and anthropology at Cambridge, he worked for ten years as a social worker and qualified with the British Association of Psychotherapists before training to become a psychoanalyst. He is currently in full-time private practice. His first book, which comprises Part I of this volume, is well known throughout Europe and has achieved the status of a modern classic.

My supervisor recommended this book to me and I must say, I was surprised by how excellent it was. First, Casement writes very clearly so its a pleasure to read. The essence of what he writes about is how to listen to a patient, as well as to yourself, so as to understand what impact you are having- or might have- on the person and the treatment. This deceptively simple and reductive statement cannot capture how deeply and extensively he makes use of this skill, so as to transform it into an art. He connects his practice approach to theory, especially to Winnicott's contributions,

but the book remains a practical and not a theoretical work. I believe this book transcends theoretical orientation and the recommended way of working can be applied no matter what your orientation is. Many rich case examples bring to life the concepts they illustrate. I admire his honesty and his apparent dedication to plumbing the depths of his own experience in session. But the book is much more than an illustration of a master clinician at work. There is much wisdom to be found in this book and it can be read numerous times to fully absorb and incorporate it. This book goes on my 'desert island' list.

I used this book for a grad program course and it was great. Casement gives tons of examples and his thought process about what he could have done differently in client vignettes. I'm glad this book was assigned for a psychoanalytic course!

A little dated, but very valuable theory. Lots of case examples, which is helpful for the illustration of Casement's points.

essential to learn from experience I would say, so yes as professionals patients are part of that life experience

I was so pleased!!! You would never think it were a Used book. I have purchased all my school/reading books from here. Truly recommend them!

I'm currently reading this book after finishing my masters in clinical psychology. I wish this had been assigned while in school; the examples are extremely helpful for a new therapist. The book is rich with content that would be useful to discuss in a group and expand on. I really enjoy Casement's disclosure of his internal process and how he used himself to tune in to each client and their needs. I would definitely recommend this book to others in the field!

In the "pas de deux", the dance between the therapist and the patient, so much goes on it's nearly impossible to get a grip on it all and Casement does a beautiful job of describing this. So much of what he "knows" he knows in retrospect, but such is the stuff of case histories. Meanwhile, when you're together, the dance goes on! What I liked especially about this book is that he makes an attempt to be humble in the presence of his patients; an attempt anyway. If you've ever been in the helping professions, and can get your ego out of the way, that's just the way it is. You get your

degree, you read and read, you have your own analysis or whatever, but what comes up in the therapy room never seems to have been covered in the text books. So you learn-as-you-go. His carefully delineated case histories take you step-by-step through the complicated process, and you will learn a lot from this book -- if nothing else you can take heart that it's a very complicated "dance" indeed. You can be taught the steps, but putting it together with your "partner" will be yours alone!

Patrick Casement's honesty in writing this book is an inspiration to those of us aiming to be counsellors. Not many therapists would reveal and discuss their own mistakes and oversights so openly, with a view to helping others learn from them. Casement promotes active listening skills and use of the "internal supervisor" to gain awareness both of the client's and one's own internal processes. Also key to his approach is a willingness to embrace uncertainty and not to make snap judgements, in effect to make use of what the poet John Keats called "negative capability." I highly recommend this book.

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